

THE KING SPEAKS

a Study in the Sermon On The Mount | Discussion Guide

Week 11 – November 25

Life Beyond Worry | Matthew 6:25-34

Introduction

It's noteworthy that Jesus included the subject of worry in one of his most significant and comprehensive sermons. When we consider his purpose in doing this, it may be he knew that worry has the potential to be one of our most troubling distractions to fulfilling God's purpose for our lives. It has this potential because the 'what if's' that come with worry are often all that's needed to stop us from doing what we need to do

Read Matthew 6:25-34 before answering this week's questions.

Questions for Study

1. What are your earliest memories of worry? If you're in a small group share one or two of your memories with other group members.
2. What do you think is creating the most worry for people in America today? How might this differ for people living in other parts of the world?
3. Is there any one thing that has created the most worry for you? If yes, share what this has been with your small group. Is there anything in your life these days that's making you anxious and worried?
4. What affect does worry have on what you say and do?
5. Notice that the first word in verse 28 is the word "therefore." What's the principle for what to do with this word whenever it's found in a passage of scripture like this week's passage? How does it help us understand what Jesus is teaching?
6. What does Jesus teach us about God in these verses that impacts how we respond to any need we have in our lives? What does Jesus teach us about ourselves that also impacts how we respond to what could potentially create worry?
7. What do birds and flowers have in common that's not true of people? How should this influence any worry we may have over drink, food, clothing and anything else that could worry us?
8. Out of everything Jesus said in this week's verses, what do you think is the most important? (It has to do with what matters most to God and focus.)
9. There were two main points in Sunday's sermon. Write those down and discuss them with your small group.
10. There were three applications given at the end of the sermon. These applications were in the form of three statements. Write those down and discuss them with your small group.